



SheCan Training Covid 19 Policy and Procedures

We are delighted and excited to be running our DIY & Home Improvement courses for women again.

To ensure that we can keep as safe as possible during the Corona Virus we ask that you read the following carefully:

If you or any of the people you live with develop any of the recognised symptoms of Covid 19 we asked that you do not attend the course. The main symptoms are:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least one of these symptoms. If you are not sure about your symptoms, please call NHS 111 and follow their advice.

- On arrival, you can place your belongings in a safe designated area, and you will be asked to wash your hands.
- We have gloves and face masks for you, plenty of hand sanitiser and wipes for any shared tools.
- We will take regular breaks to wash our hands and sanitise.
- The workspace has been set out and marked to help us keep socially distanced, and enable the course to run effectively. This venue has the advantage of a large space and good ventilation.
- We have invested in additional tools and workbenches so that each student has their own workstation and tools.



- You can share with a fellow household member or someone you are currently in a bubble with. When we do have to share tools they will be cleaned by the instructor before and after use.
- When observing the instructor demonstrating a task, masks will be worn and we will socially distance.
- We currently run our courses for a max of 6 + an instructor. Weather permitting we can also work outside.
- Tea and coffee are provided, but please bring your own mug.
- Please follow the instructions regards toilets & washrooms. Use the anti-bacterial wipes provided to wipe down all surfaces touched in the toilet cubicle (door handles, light switches, flush handles and toilet seats) after use. Please dispose of the wipes in the bin near the sinks.
- Above all we will use common sense and look after each other.....our key responsibility is that we take every precaution, and not bring the virus into the venue, nor transmit it to each other.

Matt Blakeston – SheCan – April 2021